

THE Since 1913

GATEWAY

UNOmaha's student newspaper

Volume 03

www.unogateway.com

NEBRASKA STATE HISTORICAL SOCIETY
PO BOX 82554
LINCOLN, NE 68501

PRSR STD
US POSTAGE
PAID
OMAHA, NEBR
Permit No. 301

PRIZE WINNING
NEWSPAPER
2002

Nebraska Press Association

Issue 39

02.21.03



From left, Chancellor Nancy Belck, vice chancellors Derek Hodgson and Jim Buck and Student Body President Joe Bilek answer questions during Wednesday's forum.

Administrators answer questions at forum

KRISTIN ZAGURSKI

EDITOR-IN-CHIEF

Campus administrators Wednesday participated in the fourth of what will be a series of on-campus forums regarding the proposed budget cuts for the next biennium.

About 80 students and faculty and staff members gathered in the Recital Hall of the Strauss Performing Arts Center at noon to sit in on a presentation and panel discussion.

Panelists included Chancellor Nancy Belck and vice chancellors Derek Hodgson, Jim Buck, Mary Mudd and Gary Carrico.

Belck first gave a presentation on the current budget situation for the University of Nebraska.

The administration is doing everything it can while making cuts to make sure students do not suffer, Belck said.

However, students can expect some changes.

Belck told students they could anticipate larger section sizes. She also said some courses would be offered less frequently, possibly leading to inflexibility in scheduling.

Hodgson, UNO's vice chancellor of academic affairs, added to the list of changes students could anticipate when the next fiscal year starts July 1.

Increases in student fees, reductions in academic support programs and restricted academic offerings are all likely, he said.

Also, he said, tuition may go up and faculty lines could be eliminated.

"There is no way in the world that you can take 10 percent out of our budget and not impact students in some way," Hodgson said.

However, under Hodgson's current proposal, no programs or departments would be eliminated. All majors at both the undergraduate and graduate levels would be retained.

Belck said cuts last year, which totaled about 7 percent, were difficult and that cuts this

year – proposed at 10 percent – would be difficult, too.

This time around, however, Belck said administrators have time to get more input from the campus community.

"We are confident that with more time to make these decisions, we can think about what kind of university we want to be on the horizon," Belck said.

The budget-cutting process will involve some major streamlining and realignment, Belck said.

"We're gonna have to take some risks," Belck said, "and we're gonna have to stay in this

year – proposed at 10 percent – would be difficult, too.

She said there are no plans of laying off any tenured or tenure-track faculty members, which include the most experienced professors at UNO. However, she added that as alliances and mergers are created, there could be some staff layoffs over the next two years.

The last round of budget cuts cost 84

people at UNO and 400 people within the

NU system their jobs.

Gov. Mike Johanns' proposal of a 10

percent decrease in funding for the

University of Nebraska system for 2003-04

would leave the four NU campuses with

\$41 million less than the previous year.

While the legislature's Appropriations Committee may still reduce the amount of the proposed cut, administrators at UNO

are working on finding solutions to the

budget crisis that would affect students as

little as possible.

One possible way to generate revenue

would be to raise tuition.

But even if UNO increased its tuition

by 20 percent next fiscal year, the

university's budget hole would still be \$6.2

million, Belck said.

Though an increase in tuition is

certainly not out of the question, Belck said

the university administration is looking at

several other possibilities to cut costs.

"I hope the students will not see any

major reduction that will affect their

getting a good quality education," Belck

said. "Classes will not be able to be offered

as frequently, we will have larger classes in

some cases, but we still are going to have

classes offered on a regular enough basis

so students can graduate in four years."

In the meantime, students should

expect this summer's class schedule to be

even tighter than last year's.

To reduce the cuts' negative impact on

photo by Chris Mahan



Chancellor Nancy Belck discusses the impending budget cuts at a press conference Wednesday.

photo by Chris Mahan

the students, the university administration is reviewing several organizational changes.

Seven task forces, each of which includes at least one student representative from different colleges that might be affected, will examine ways to save money and come up with proposals for the realignment of units.

The areas those task forces will look at are:

- First-year experience and student advising
- Student internships, outreach activities, disabilities and career services
- Faculty development, service learning and social work
- University affairs and support functions of the chancellor's office
- The College of Public Affairs and Community Service, the College of Continuing Studies and Distance Education
- Fine Arts, Communication, KVNO Radio/UNO Television
- Business Administration and Information Science and Technology

Belck said the committees would look at some college and department consolidations and affiliations. The majors themselves would not change.

As an example, she said the student communication majors who are now in fine arts would still have the same basic core curriculum but might have to take some of their classes in another department. Through those changes, the administration hopes to reduce chances of having to close certain majors.

The task forces will make their initial recommendations next month. Final plans are supposed to take shape by April.

Whether UNO students will pay more in tuition for the upcoming school year won't be known before June, as the Board of Regents will have to approve any tuition increase.



Junior Nick Turner addresses the panel during Wednesday's budget-cut forum.

photo by Chris Mahan

together."

Students are asked to get involved March 10, when the Student Government will provide students with transportation to the state capitol for the legislature's appropriations hearings.

"Our chance to make a difference is gonna be March 1," Student Government Speaker and forum moderator Vince Dreiling told students as the session closed.

For information about the March 10 trip to Lincoln, call the Student Government office at 554-2620.

Big burgers . . .



Inside
this
Issue

International
students encourage
others to participate
page 2

NEWS

FEATURES

Maverick tennis team
remains undefeated

page 6

SPORTS

Many Black History Month events planned at UNO, UNMC

JOSIE LOZA
News Editor

Black history will once again come alive through rich stories, poems and dance.

At UNO, a guest artist showcase will be held at 4 p.m. Feb. 23 in the Health, Physical Education and Recreation Building's dance lab.

Luis Muralles, cultural awareness programs adviser, said the event is free and open to the public.

Guest artists include Charles Ahovissi, traditional African dancer and drummer; Della Bynum, director of the dance troupe "The Lotus Dancers" and Shirley Terrell-Jordan, director of "Spirits in Movement," an African-American dance company.

Muralles said he also hopes to draw in a large crowd Feb. 25 at "The power of the tongue" presentation.

Ge'Ylah, a poet from Chicago, will perform African-American literacy works.

Throughout the one-woman show, Ge'Ylah takes a unique approach to presenting.



Ge'Ylah, a poet from Chicago, will perform at UNO Feb. 25.

She expresses the rich and cultivating history of black Americans through poetry and skits depicting black Americans' accomplishments.

She begins with folktales and plantation life then tells the story of Jupiter Hammond, the first Black poet to have documentation of poetry. Ge'Ylah also brings her audience through the Harlem Renaissance and the Black

Power Movement to current time with her poems.

Ge'Ylah has been reciting poetry since the age of 6. She has given performances at Expo for Today's Black Woman and Chicago State's annual Black Writers' Conference.

The presentation will be held noon in the Nebraska Room of the Milo Bail Student Center.

On UNMC's campus, the dramatic production of "Let My People Go: The Trials of Bondage in Words of Master and Slave" will be held Feb. 28.

"Over the last three years, there seems to be a heightened approach to doing multiple black history events," said Walter Brooks, a spokesman for UNMC.

The production is based on documents about slaves and slavery that were collected from 175 southern county courts and state archives by Loren L. Schwinger, a professor of history at the University of North Carolina at Greensboro.

"The production reflects what we're

■ see ALIVE, page 7

A history of African-Americans on television

LEIA BAEZ
STAFF WRITER

Although the first television was black and white, it was rare to see actors or actresses that were any color but white.

In fact, it wasn't until 33 years after the first television was invented in 1927 that a black actor and actress were seen on television.

In 1950, *Beulah*, the first television show with African-American cast members, debuted.

The show was based around a white family who hired a black, overweight female as a housekeeper.

It wasn't long before the National Association for the Advancement of Colored People forced the network to cancel the series in 1953 because of the show's demeanor to blacks.

Amos 'n' Andy, which ran from 1951 to 1953, was also one of the first television shows to air that had African-American cast members. The show was a comedy that portrayed an all-black world. Even though it was canceled in 1953, the show continued to appear in syndication until 1966.

But like *Beulah*, the NAACP launched lawsuits and boycotts against the show, which were instrumental in its cancellation and the future for African-Americans in television.

As time went on, more African-Americans had star roles in sitcoms and became guests on shows hosted by white entertainers such as Ed Sullivan, Milton Berle and Steve Allen.

In 1956, the first African-American national variety show, *The Nat "King" Cole Show*, premiered.

Since then, several television shows based on the lives of African-Americans have been developed and have been successful.

The Cosby Show, which debuted in 1984, was the top-rated series during most of its nine seasons and was an

inspiration for its viewers.

"*The Cosby Show* played a big part in my life and many other people's lives because it didn't portray blacks as ignorant," said student Melody Witcher. "The show encouraged everyone to do better than sticking to a negative stereotype that people perceived."

In the late 1980s, black-themed shows started to become more common as more African-Americans worked behind the scenes. Shows such as *A Different World*, *Fresh Prince of Bel Air* and *In Living Color* were successful and are still televised today.

However, even with the rise of diversity on television, negative stereotypes still exist.

"Hollywood has come a long way and given opportunities for people of color to have leading roles," said

■ see TV, page 7

PIZZA RUSTICA

Baked in Omaha

A Few of Our Favorites:

The Thai Pie: Made with homemade Thai sauce and grilled marinated chicken, topped with fresh bean sprouts, scallions, grated carrots & cilantro.

Queen Margherita Giovanni: Diced tomatoes, garlic & fresh basil.

Italiano Rustica: Sautéed peppers and onions, spicy Italian sausage with homemade tomato sauce, "Yo baby!"

Wild Chicken Za: BBQ chicken, diced red onions, smoked gouda cheese, Rustica BBQ sauce & fresh cilantro.

Mention this ad & receive \$2 off a pint of Ben & Jerry's ice cream when you order a 16" specialty pizza

118 North 50th Street
934-9876

Cancun
Jamaica
Bahamas
Florida
SPRING BREAK 2003
DISCOUNTS ON GROUPS!
SAVE UP TO \$120 PER ROOM!
1.800.648.4849
www.ssttravel.com

WIRED COFFEECAFE
sandwiches • salads • sweets
BUY 1 GET 1 FREE
STOP IN AFTER A MOVIE
Open til midnight on Friday & Saturday
330-2282
1444 DuPont Court (2 miles north of Center on 144th)
KODAK

International students encourage others to participate on campus

KARINE SOPKOH
STAFF WRITER

"Getting involved on campus when I can't even understand or speak English well? Are you crazy?"

This is a typical reaction of international students when asked to join a club or an organization on campus.

Most of the time, they like hanging out with people from their countries or people that speak the same language.

However, Kay Tsunoda, 21, an international student from Japan, said that is a wrong move.

Tsunoda, the special events co-chair for UNO's Student Programming Organization, said getting involved on campus will help international students know more Americans. It allows them to meet new people and accelerate their assimilation of the English language, she said.

Nesrin Elsawi, 18, Tsunoda's roommate, shared her feelings.

"I'm here in Omaha by myself. My parents are still in Switzerland," she said. "I had to make friends quickly so I could have some help with my assignments if I miss class."

Elsawi, computer sciences major, is a member of the Management Information Systems club. Both Elsawi and Tsunoda said they have a lot of fun participating in their

■ see INVOLVED, page 7

Experiencing an unplanned pregnancy?
you have choices, we can help...

No matter your situation, if you're experiencing an unplanned pregnancy, you have choices to make.

The NEBRASKA CHILDREN'S HOME SOCIETY can help you make the best decisions for you and your baby - without obligations.

To speak with us confidentially, please contact us.

3549 Fontenelle Blvd.
Omaha NE, 68104
(402) 451.0787

Pregnancy Hotline:
(800) 390.6754
www.nchs.org


A private, statewide, non-profit child placing agency

THE GATEWAY Since 1912
UNOmaha's student newspaper

Editor-In-Chief

• Kristin Zagurski

News Editor

• Josie Loza

Features Editor

• Sarah Meedel

Entertainment Editor

• Mike Machian

Sports Editor

• Brian Brashaw

Copy Editor

• Rae Licari

Photo Editor

• Josh Williamson

Assistant Photo Editor

• Chris Machian

Production Editor

• Jennifer Peterson

Asst. Production Editor

• Katie Grindstaff

Art Director

• Kristina Hamilton

Systems Manager

• Tyler Zach

Advertising Production

• Sadie Stockton

Advertising Manager

• Kristin Logan

Classifieds Manager

• MariBeth Devine

Circulation Manager

• Erin Dahl

Publications Manager

• Carol Buffington

Senior Staff Writers

• Paul Freeland

• Kris Kohlmeier

• Holly Lukasiewicz

• Chip Olsen

Adviser

• Chris Burbach

The Gateway is published by the University of Nebraska at Omaha Student Publications Committee on Tuesdays and Fridays during the fall and spring semesters and on Tuesdays during the summer sessions.

Advertising inquiries should be directed to the Advertising Manager. Other inquiries and complaints should be directed to the Editor-In-Chief. Copies of the Student Publications Committee inquiry/complaint policy are available at The Gateway's office, Milo Bail Student Center Room 115.

The Gateway is funded as follows: 70 percent advertising revenue, 30 percent student fees allocated by Student Government.

Copyright 2002. All rights reserved. No material here may be reproduced without the permission of the Editor. One per student, 25 cents each.

THE GATEWAY
60th and Dodge streets
MBSC Room 115
Omaha, NE 68182-0197

Front Desk 554-2470
Editor 554-2352
Advertising 554-2494
Fax 554-2735

Sarah Meedel
Features Editor

FEATURES

Contact:
features@gateway.unomaha.edu

At Omaha's new Red Robin, burgers all come with bottomless fries. The restaurant, located at 14455 W. Maple Road, is known for having 24 different gourmet burgers.

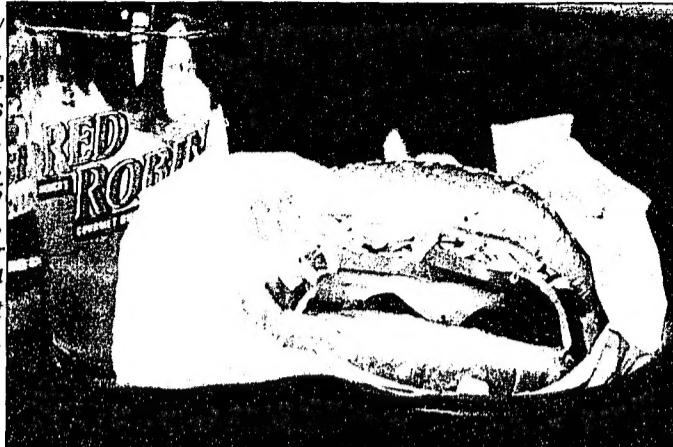


photo by Michelle Bishop

Bird boasts big burgers

REVIEW BY
SARAH MEEDEL
FEATURES EDITOR

West Omaha has seen a business boom over the past five years.

Part of that boom has been an explosion of new restaurants popping up left and right.

One of those restaurants is Red Robin.

In need of vital life-giving food, my boyfriend and I ventured westward to dine at the Red Robin located at 14455 W. Maple Road.

This burger joint is easy to find but not easy to access if traveling northbound on 144th Street.

Customers must turn west onto Maple, travel a couple blocks before turning into Lowe's shopping center and wind through various parking lots to reach Red Robin.

Upon arriving, we were greeted by a door person who seemed genuinely friendly. Inside the entrance are cushy benches on both sides for waiting, a television implanted in the center of floor, a small game room and an open view of the kitchen.

Our hostess did not really seem to care much about her job. She trudged along, slurped the sucker in her mouth and repeatedly bumped me with a balloon that was tied to her arm.

The restaurant has a fun and comfortable feel to it. The lighting is mellow and the walls are covered in various framed movie posters and pop art.

Our server was friendly. She took our drink orders as soon as we sat down. I got a

Pepsi (\$1.99) and after glancing at their very organized and well-stocked bar, my boyfriend decided to get an "ultimate margarita" (\$6.99).

He said the margarita was not mixed well. The drinks also contained excessive amounts of ice. Within two or three drinks, my glass was empty, but our server was prompt to refill.

When our waitress came back with the drinks, she explained to us that the restaurant was known for having 24 different gourmet burgers. She went on to tell us that all the burgers came with bottomless fries, which meant we could have as many fries as we wanted at any time during the meal.

Instead of having fries right away, we decided to order the creamy artichoke and spinach dip (\$7.99).

The appetizer came in less than five minutes. A large bowl of dip was topped with fresh onions and parmesan cheese. Varieties of dipping foods were available: tortilla chips, carrots, celery and breadsticks. For those who enjoy this dish, I highly recommend it.

We had barely dug into the appetizer when the main meal came.

He ordered a Banzi Burger (\$7.79) and I ordered the Baja Chicken Burger (\$7.99). The burgers were huge. We had to hold them with both hands to eat.

My boyfriend's comment about his burger was: "You know the opening scene in *Pulp Fiction* with the Big Kahuna Burger?

■ See BIRD, page 7

Handwriting fascinates professor

KRIS KOHLMAYER
SENIOR STAFF WRITER

Associate Professor of Psychology Joseph Brown hopes every one of his students learns how to think like a scientist.

"More important than facts is how we learn about them," he says.

Brown has spent his academic career researching how people gain knowledge.

After earning an undergraduate degree from Drury College in Springfield, Mo., he went on to receive a doctorate in psychology from Michigan State University in 1991.

During his research over the years, Brown has focused on cognitive psychology, a branch related to thought.

Brown is quick to share his interest in the process of gaining skills through practice. He considers handwriting to be a particularly fascinating learned skill.

"Think of all the different varieties of the letter a," Brown says.

Even in these days of unbelievably powerful computers, he says, there is yet to be a program capable of reading handwriting on the same level as humans.

Becoming a professor seemed a logical choice for Brown. He says many doctoral

students enter teaching after graduation.

Brown says it is exciting to meet new students each semester and find out their interests. He enjoys teaching students about the "interesting and sometimes weird stuff" he has learned over the years.

"Science isn't static," he says. "It's the current best estimate at reality."

He tries to get students to realize that scientific reasoning can be used in many situations, even those that are seemingly non-scientific.

Classes Brown teaches this semester include a cognition lab and a course on sensation and perception.

He is also chair of the psychology graduate program.

Brown and his wife chose to move to Omaha after looking over several options. The Missouri native says his adviser at Michigan State had some influence on his decision. His adviser had taught at UNO and had good things to say about the university. Brown also says that he likes the Ph.D. program UNO offers.

In his free time, Brown enjoys playing bridge and restoring his turn-of-the-century home by completing "one paint scraping at a time."

The rest is history: Home dentistry

J. PARKER ADAIR

STAFF WRITER

Most of us do it once, twice, even three times daily, but do we know whom to thank for our pearly white smile?

The origins of dental care and the toothbrush can be traced all the way back to the ancient civilizations of Egypt, China, Greece and Rome.

In early writings, there were several examples for both pastes and powders to help clean teeth. A few of the popular ingredients included burnt and ground shells, talc, honey and powdered fruit. Other "interesting" ingredients include mice, hair, lizard liver and even urine.

The brushes that were used in early days were made of small twigs that were mashed at one end to give a wider cleaning surface, according to www.gumsheild.com. These types of brushes are still used in many cultures of Africa and Australia.

By the 11th century, the Chinese had created their own toothbrush made with horsehair bristles and ivory handles. The Chinese version became the first modern one before European travelers globalized the concept.

Many pastes and powders continued to be used and developed through the Middle Ages. However, many of the recipes destroyed and broke down tooth enamel.

According to the book *World of Invention* by Kimberley A. McGrath and Bridget E. Travers, toothpastes as they are known today came into the market during the 19th century.

In 1824, a dentist known as Peabody had suggested using soap as a more powerful cleaner.

John Harris made the use of chalk commonplace by mid-century.

In 1892, toothpaste got its first big commercial success when Washington W.

Sheffield introduced Sheffield's Cream Dentifrice, the first of its kind to be contained in a quaint little collapsible tube, easy for dispensing.

Popularity of the nylon bristles was brought upon by Du Pont scientists and Wallace H. Carothers' invention of nylon in 1937. Even though people were no longer subjected to the difficulties of wild animal hair, there were numerous complaints of the painfully stiff bristles. Du Pont fixed this in 1950 as it replaced the bristles with softer ones.

In 1956, Procter and Gamble made another revolution to home dental care when they introduced fluoride into their brand new product named Crest.

Sheffield had a fairly good lock on the industry for 90 years until the European pump dispenser made its way across the ocean and into American homes.

The first real electric toothbrush was developed in post-World War II Switzerland. Squibb brought the new marvel to the United States under the name Broxodent. In 1961, General Electric debuted the first rechargeable cordless toothbrush.

From the ancient Egyptians to 11th century Chinese to modern day, home dental care has changed. People now have hundreds of choices of toothbrushes with hard or soft bristles, with angled or flexible handles and manual or electric operation.

There are as many kinds of toothpastes as there are brushes. One can choose from bubble gum tasting, cartoon character, endorsed kinds or extra-strong cleaning power to remove stains.

Home dentistry has come a long way from mashed twigs and mice with urine.

And the rest is history!

What do I know about me

I know my best is yet to come.

www.teenwire.com

For the full range of women's health care:

- pregnancy tests • birth control
- emergency contraception
- STD tests • annual exams
- gynecological care
- abortion care

Talk to us in confidence. With confidence.

Planned Parenthood®
of Nebraska & Council Bluffs

Ames Center Dodge Center NW Center SW Center
5104 Ames Ave., Omaha 4610 Dodge St., Omaha 3341 N 107th St., Omaha 5310 S 139th Plz., Omaha
455-2121 554-1040 496-0088 894-9006

Council Bluffs Center "O" St. Center South St. Center
1604 2nd Ave., CB, IA 2246 "O" St., Lincoln 3705 South St., Lincoln
322-6650 441-3300 441-3333

The gem of wisdom in America's story

America – land of the free, a great big mass in the middle of the ocean destined to become a global cake from which most people would (or at least try to) take a bite out of and savor. So they have, but not without consequence.

Some came here spurred on by visions of gold and cotton; others came dragged against their will but decided to stay because the cake was sweet, the outside world was growing darker and they probably had better chances here than anywhere else. Some came smuggled across borders, evading bullets; some came in the wombs of their parents – a hasty dash across a porous boundary, a birth and *wala!* – a citizen and perhaps a gentleman. Many came in ships, quite a number in trucks and a few came in airplanes headed for doom, destiny, "eternal glory" and sadly, the Twin Towers.

The nation has learned to celebrate its cultural diversity, at least politically if not vitally. There are still those who lay original claim to the land, those who are aggrieved and those who are superior.

There are understood victims – reds, blacks, browns, homosexuals, women, children and the disabled; there are numerical victims – reds, blacks, browns and homosexuals; and there are biological victims – women, children and the disabled. Here in this apple pie of a nation, everyone is a victim of some sort and a victim of another; there are "reverse discrimination" victims – whites.

This month is dedicated to a celebration of black history. It is a celebration of, perhaps, victory over victimization or victory in spite of victimization or a bit of both – in some quarters, probably neither.

My contact with the defining foundations of black history in America

was quite accidental. I grew up in a faraway land and in my preteen years, most of my education consisted of reading, writing and arithmetic.

On a certain day, however, I was bored and rummaging through my mother's library, where I came across the biggest novel I had ever seen in my life. The title? *Roots*. The author's name? Strange indeed – Alex Haley.

Wondering what manner of monstrosity it was, I opened it and beheld another strange name – "Chicken George."

I read a few lines, boring history to me, an account of things that I had never heard of, nor could relate to. Fatigued, I threw the book aside and resumed my rummaging.

A few days later, I returned to the book. The subtitle read, "The Saga of an American Family." Here indeed was another wondrous thing. An American family? For all I could detect, most of the book spoke of some remote regions in west Africa. What was American about Africa or indeed, African about America? And why did all the characters in the book speak what seemed to be a highly improper rendition of the English language? I read a couple more pages, flung the book aside and fixed my attention on more propitious subjects.

Months went by. I graduated from primary school and was pushed into the secondary. Still in my preteen years, I arrived in that world, equivalent probably to America's junior-high school system and one of the first individuals I



Fisayo Adejuyigbe

encountered was perusing a bulky book. The title looked familiar – *Roots*!

Challenged by the air of the reader, I sought out the copy I had tangled with earlier and attacked it. The book was instructive, revealing. The tale therein was superbly told and moving.

Today, blacks in America

have transcended many of the shackles history placed on them. Dealt a bad hand at cards by fate, they played in those early years as best they could and they played well.

The miracle is not that blacks overwhelmed the whites and ran them into the ocean (they didn't, and probably couldn't), neither is it that blacks emerged into a new era of sublime prosperity after emancipation (they didn't, they still can and probably will), nor is it that they were ushered into a society where every hand that held theirs was a helping hand.

The miracle is that unlike others who came, they were brought. Yet they saw and they conquered.

The measure of their booty is measured not in territory but in a recreated identity. No man is as rich as the man who knows himself and as he knows himself, so will he make himself. This is the gem of wisdom in America's story: come away from the past and if you will not, let it be clay and you a potter; you can build your own tomorrows.

Fisayo Adejuyigbe can be contacted at comingtoamerica@gateway.unomaha.edu

Experience transforms perspective on disorder

When I was 19, my life began to deform in ways that still leave a sick feeling in my gut and changed the way I would look at anxiety forever.

It was a cold, November night; my girlfriend at the time was in the kitchen. *Star Trek* was on TV. I took a drag from a joint.

Nothing out of the ordinary – until five minutes later, when the entire world started crumbling away.

Something wicked began slowly crawling into my mind. Something I can't describe just *changed*. It came on slowly at first, a nagging feeling of disorientation creeping its way through my body. My hands and feet began tingling as I broke a light sweat. Sounds became distant and detached.

Everything in the room – furniture, carpet, walls, even light – began to change – or rather, my perception of them changed. I felt as if I'd fallen into a different dimension.

Contrary to any conclusions you might be coming to about drug use, I can tell you with conviction the pot wasn't to blame – at least not directly.

After a five hours of cold sweats, my heart beating harder than it ever had before, wondering if I was going to die, I finally fell asleep with the help of my girlfriend.

The next day was filled with a yellow-colored fear; if fear can possess such a thing, I wondered what had happened to me the night before; I felt as if any minute I could snap back into that hellish unreality.

I went to see a doctor, describing in detail everything that happened.

His first question was, "Are you sure the marijuana wasn't laced with something?"

I reassured him that it wasn't, as I had been smoking



Josh Bashara

the pot in that bag for the last two weeks and it was perfectly normal.

"Could you have been just very, very high?"

Again, I told him no. I had only taken one drag, which was barely enough to give me a buzz.

"Well, you probably had an panic attack, then," he said.

I looked away, rolling my eyes. The one thing I was sure of was it wasn't some measly panic attack. Those things are for stressed-out working moms and people with weak nerves, I told myself.

After a few neurological tests, I checked out healthy with a pat on my back and a head full of questions.

Was I going crazy?

Maybe there was something wrong with my brain, some faulty wiring or misfiring synapses.

Whatever it was, it scared me enough to quit smoking weed.

Unfortunately, that wasn't enough to stop the episodes, whatever they were.

Over the next two years, the game continued with increasing severity. I realized later I had agoraphobia, a fear of being in public places. I was so terrified of the episodes that I rarely wanted to go out. I hated the thought of this happening to me in front of other people, so I always scoped a place out for a quick exit and insisted on driving wherever I went so I could leave whenever I wanted.

Finally, I decided to visit a psychiatrist. After a few head nods and rocks in his chair, he told me it sounded like I had an anxiety disorder.

Boycott candy to save America's kids

DREW WILD

GUEST COLUMNIST

When my uncle Jimmy was a kid, my grandparents forced him to eat meals consisting of nothing but candy and sweets while the rest of his family ate well-balanced meals. During meals, they'd tell Jimmy how tasty their food was.

Side dishes for Jimmy's sugar meal featured Hershey's chocolate squares and LifeSavers candy. Instead of milk, he drank Coke; his main course was energy-packed Snickers.

No, my grandparents were not deranged child-abusers; they were just teaching Jimmy in a very unorthodox way that the body needs more than sweets to be healthy and happy.

And it worked.

At first, Jimmy loved his meal plan and was completely thrilled. He loved sweets and junk food and that was pretty much all he wanted to eat. But come dinnertime the second day, Jimmy started crying.

He had eaten five meals in a row that contained nothing but sweets, and he couldn't take it anymore. He was beginning to feel ill and his body craved wholesome food.

The tears stopped when my grandparents gave him a healthy meal of meat and vegetables.

From that moment on, Jimmy ate sweets sparingly and became a lean and healthy.

Maybe this creative sugar-meals diet could be used to cure other children from their sugar addictions; it could be called the Jimmy Plan.

I'm serious!

OK, not really, but I am serious about childhood obesity being on the rise.

"An estimated 13 percent of children ages 6-11 years and 14 percent of adolescents ages 12-19 are overweight. Today, there are twice as many overweight children and almost three times as many overweight adolescents as in 1980," according to *M.D. News*.

Obesity in children can lead to diabetes, hypertension and in rare cases, heart disease. It can also lead to emotional scars because "normal" kids love to pick on "fat" kids.

I know it's not easy to control what kids eat, but I was a kid once and knew how to convince my parents to buy me junk food.

The most powerful method came when I'd take a trip to the grocery store with my mom. She'd have everything under control under the check-out line.

"Mommy, mommy, look. Willy Wonka and the Chocolate Factory candy."

"Put it back, sweetheart."

"But mommy, it came from Willy Wonka's factory."

The whining and crying would go until she couldn't stand it anymore and she would give in like most any other mom in her shoes.

I'd praise her behavior with immediate reinforcement in the form of a hug and a thank you.

And so the cycle repeats itself.

Why do you think candy and junk food are placed next to the check-out lines in grocery stores?

This is something that shouldn't be taken lightly.

It reminds me of how cigarette companies would pay extra to have their cigarettes placed underneath the check-out counters, so kids could easily slip them into their pockets and become addicted. Laws have now been passed all over the United States banning this practice.

I think the same thing should be done at grocery stores with candy. You can't keep stores from stocking candy in the aisles, but candy shouldn't be placed right next to the check-out lines.

see KIDS, page 7

THE GATEWAY
Since 1913
UNO Omaha's student newspaper

Editorial and letter policy

Opinions expressed are not necessarily those of the University of Nebraska at Omaha or the University of Nebraska Board of Regents.

Opinions in columns and letters to the editor do not necessarily reflect the opinion of *The Gateway* staff or the publications committee.

Letters to the editor will be selected for publication on the basis of timeliness, clarity and available space. The editor reserves the right to edit all letters for publication.

Letters must be signed using the writer's first and last names. Letters must include the writer's address and phone number for verification purposes only. Letters to the editor exceeding two typed pages will not be considered for publication.

see FEAR, page 7

Mike Machian
Entertainment Editor

ENTERTAINMENT

Contact:
entertainment@gateway.unomaha.edu

Satisfying 25th Hour arrives just in time

REVIEW BY
MIKE STEGMAIER
STAFF WRITER

Very few films this year have reached the depths of Spike Lee's *25th Hour*.

While Lee's previous films have been oversaturated with the auteur's personal politics, this film represents a huge change in the way Lee tells a story, which makes this movie one of the most sparkling gems of his career.

25th Hour stars Edward Norton (*Fight Club*, *American History X*) as Monty Brogan, a drug dealer who has been sentenced to seven years in prison. Monty has one final day to mend shaky relationships with his girlfriend, Naturelle, played by Rosario Dawson (*Kids*, *Sidewalks of New York*), his father (Brian Cox) and his two childhood friends, Frank and Jakob (Barry Pepper and Phillip Seymour Hoffman).

The story could easily have fallen into the cliched realm of a man trying to clear his name and avoid jail time, but that is what makes *25th Hour* what it is.

This is not a grandiose vehicle for the actors. This is not an apologist's look at minorities, be it race or creed.

This film is about people. It's a film about regret. But most importantly, it's a film about relationships.

There is so much subtlety in the chemistry of the actors, the awkwardness of the situation. Even when in the background, everyone seems to watch Monty and when they talk, even among themselves, it always appears there is so much beyond the words that is regrettably left unsaid.

Even though Monty is out at his favorite

nightclub with his closest friends enjoying one last night of freedom, Norton wears Monty's impending fate in every gaze and determined step. Monty's dialogue is sharp and purposeful; every syllable has meaning and Norton again proves a perfect fit for every role he plays.

Though Monty would in fact be a villain in another telling of the story, his awareness of his mistakes makes the character almost noble. He knows his path was wrong and he now must take full responsibility for his actions. Monty is not a good person, but he certainly is far from evil. He rides the gray line and he knows it all too well.

The rest of the cast is equally as gifted and precise. The small central cast works incredibly well together, delivering every line with ease and comfort.

Hoffman, in particular, expertly plays up his role as a shy, insecure high school teacher. Hoffman's scenes with Anna Paquin, who plays Mary, Jakob's sultry student, really show off how well he can live his roles.

David Benioff's script, based on his novel of the same name, is incredibly well-constructed. From the dialogue to the overall pacing, this is no doubt a script that would have been destroyed in the hands of another writer. It would be an insult to this man if he does not receive at least a nomination at next year's Oscars.

Likewise, Lee brings together all of what makes him a great filmmaker and throws it headlong into *25th Hour*. Say what you want about his messages, Lee definitely knows his way around a camera. His visual style,



Before he goes to jail, Monty (Edward Norton, center) and his best friends Frank (Barry Pepper, left) and Jakob (Phillip Seymour Hoffman, right) share one last toast. Spike Lee's *25th Hour* is one of the best films so far this year.

courtesy photo

especially in this outing, is one that is lacking on the big screen today.

Perhaps the most impressive thing about *25th Hour* has nothing to do with any aspect of the filmmaking in the traditional sense. It is the utter humanity of Lee's microcosmic vision of New York.

Instead of the expected approach, which would have fit Spike Lee's M.O., he fit the story in a real New York. Not in a flag-waving kind of way but in a New York where the characters were impacted by Sept. 11 but are as desensitized to what happened as we are in the Midwest.

There is a scene in which Frank and Jakob are getting ready to meet up with Monty for the night and are looking out the window of Frank's apartment. Outside, there is what seems to be a large hole where a lot of construction is going on. It takes a while for the

viewer to realize that what is out the window is the crater where the World Trade Center once stood. This inferred past sets these characters far from the caricatures of the Hollywood factory.

25th Hour focuses not on what happened but on the aftermath of such events. This is the wrap up of a completely different story, though Lee and Co. make the events leading up to the beginning of the film exquisitely inconsequential.

This film had every bit of good luck in getting the right script, the right director and the right actors in the same place at the same time. While quite a different movie was expected (due to the incredibly misleading trailers), what was offered up was much more than a pleasant surprise. I could only dream that half of the films I see this year will be as satisfying as this.

THE PLACE TO BE...

FOOD COURT

IN THE MILO BAIL STUDENT CENTER

Also Featuring:

Garden Greens

Mon.-Fri. 10 a.m.-2:30 p.m.

The Rice Place

Mon.-Fri. 10 a.m.-2:30 p.m.

Belgium Waffles

Mon.-Fri. 7 a.m.-1:30 p.m.

Tomassito's

Mon.-Fri. 10 a.m.-1:30 p.m.

The American Grill

Breakfast Mon.-Fri. 7 a.m.-10:30 a.m.
Lunch Mon.-Fri. 10:30 a.m.-2:30 p.m.

The Kiosk Kafe
Mon.-Thur. 7 a.m.-7 p.m.
Fri. 7 a.m.-2:30 p.m.



Durango's & Aztec's
Mon.-Fri. 10 a.m.-1:30 p.m.



Maverick sports notes

Groslie to retire after concussions

Another UNO hockey player has ended his career due to complications with concussions.

Maverick forward Gus Groslie has decided to retire after a run of concussions affected his playing career.

Groslie had a hard time concentrating and had been bothered by anxiety and shaking after he suffered a hit in his last game against Ohio State Jan. 25.

The sophomore was forced to take nine months off last spring after being diagnosed with post-concussion syndrome.

He returned to the Maverick lineup Nov. 1 last season.

Groslie had two goals and three assists in 17 games this season after scoring five goals and three assists in 32 games last year.

"I'm to a point where I notice it, but it's not going to cause that much damage to my life," Groslie said. "But in the same regard, I am worried about it, and I don't want it to get any worse."

UNO Head Coach Mike Kemp said Groslie will remain on scholarship and stay around the team.

"It's never a good situation when a player is forced to end his career," Kemp said. "You want everyone to be able to go out on their own terms. Our program will suffer a loss without Gus being able to contribute on the ice."

During the 2000-01 season, the Mavericks lost forward Allan Carr for the same reasons. Carr finished his Maverick career with 20 goals, 27 assists and 47 points in 60 games.



photo by Chris Machan

Maverick wrestler Rodrick Ratcliff is ranked No. 5 at 141 pounds. UNO moved up in the national rankings this week to No. 3.

Division II wrestling rankings released

UNO moved up one spot in the national rankings this week to No. 3. North Central Conference rival North Dakota State moved to No. 2 and defending national champion Central Oklahoma regained the No. 1 spot.

These moves were in reaction to the University of Nebraska at Kearney falling from No. 1 to No. 4 after losing to Central Oklahoma and UNO.

Individually ranked Mavericks in their weight classes include:

Dan Hilaro, ranked No. 7 at 125 pounds

Mitch Waite, ranked No. 7 at 133 pounds

Rodrick Ratcliff, ranked No. 5 at 141 pounds

Zach Stalder, ranked No. 3 at 184 pounds

Chad Wallace, ranked No. 1 at 197 pounds

Les Sigman, ranked No. 1 at heavyweight

Sara Petersen earns Nebraska Division II player of the week honors

Petersen became the 16th Maverick in the school's history to surpass the 1,000-point mark in a career. Petersen scored 30 points against Augustana last Thursday, her fourth 30-point game of the season.

She then scored 22 points the next Saturday against Minnesota State-Mankato.

Maverick tennis team remains undefeated after weekend wins

PAUL FREELEND
SENIOR STAFF WRITER

UNO's tennis team capped last weekend with its second shutout of the season as the Mavs swept South Dakota Sunday after defeating the University of Nebraska at Kearney and Emporia State.

Adverse weather conditions in Kearney forced the singles matches in UNO and UNK's second meeting of the season to be shortened to one eight-point set.

The Mavericks rolled to a 7-2 win in Omaha Feb. 2 and UNO got off to a good start in Kearney, taking two of the first three doubles matches.

Mikaila Spalding and Sara Batchelor won No. 1 doubles 8-4 and Lindsey Loveland and Elizabeth Glogowski claimed No. 3 doubles 8-2. Ristic and Shannon Dinovo fell 8-1 at No. 2 doubles to UNK's Beth Swift and Emily Eisenmenger.

Trailing 2-1, the Lopers reeled off three straight singles wins to move ahead 4-2. Bianca Haessler edged Batchelor 8-6 in No. 1 singles. Sarah Huls fell 8-1 at No. 2 singles and Swift beat Lindsay Henjum 8-5 at No. 3 singles.

UNO rallied, however, with Spalding, Ristic and Abby Wilson winning at Nos. 4, 5 and 6 singles, respectively, to give the Mavericks a 5-4 win.

Doubles play again put the Mavericks in a good position in their dual against Emporia State.

The team of Batchelor and Wilson won No. 1 doubles 8-2, while Huls and Loveland took No. 2 doubles 8-5.

Huls swept to an 8-0 win at No. 4 singles and Henjum held off ESU's Darcy Wells 9-7 to put UNO up 4-1.

Spalding fell 8-3 at No. 3 singles, but Ristic's 8-6 win

at No. 4 singles, which was her fourth singles win in four duals, clinched the win for the Mavericks. Dinovo won No. 5 singles 8-3 and Loveland lost 8-4 at No. 6 singles.

UNO wrapped up its longest road trip of the season in Sioux City, Iowa, with a dual against North Central Conference opponent South Dakota. Each of the Mavs' doubles teams won with relative ease as Batchelor and Wilson won 8-2 at No. 1 doubles. Glogowski and Tori Packett also won at No. 3 doubles. Dinovo and Spalding swept their opponents 8-0 at No. 2 doubles, taking the Mavs to a 3-0 lead.

Huls won 6-0, 6-1 at No. 1 singles to improve her singles record to 4-1 on the season. Ristic held off USD's Paige Wilbur 6-2, 5-7, 6-2 at No. 2 singles and Spalding's 6-0, 6-3 win at No. 3 singles clinched the Mavericks' fifth dual win of the young season.

Wilson won 6-3, 6-1 at No. 4 singles, Dinovo took No. 5 singles 6-2, 6-0 and Loveland won No. 6 singles 6-1, 6-0 to seal the sweep for UNO. The 5-0 start for the Mavs represents the best start in the program's three-year history.

UNO will face its first Division I opponent in the program's history Saturday as the Mavericks received a late invitation to compete in a double dual hosted by Creighton University. The Mavs, who will face the Bluejays at 9 a.m. at Hanscom Park Tennis Center before playing Wichita State at 1 p.m., were added after Missouri-Kansas City dropped out of the event.

Maverick Head Coach Bill Nichols is a Wichita State graduate and a former Shockers tennis player. Playing for WSU from 1977 to 1980, Nichols won five conference titles, three in singles and two in doubles, before coaching the Shockers for 12 seasons.

Life as a college sportswriter Part II: The first hockey experience

So I started my career in high style, covering Division II women's volleyball.

For me, as a freshman, that was big time.

I knew if I worked hard, someday I might cover football. Or even the Division I hockey team.

Now that would be big.

But my next assignment was to do a player profile.

Not knowing anything about volleyball or the team, I picked the cutest member of the team as I looked at the media guide.

The subject I chose was a freshman setter named Carrie Nobel, who was a backup to all-conference setter Bethany Tygert.

I really should have chosen Tygert, but Noble was from Minnesota and I dig northern accents.

As luck would have it, the feature came out and Carrie quit the team the next off-season.

Jimmy Sheil, the sports editor at the time, said something about the *Gateway* feature curse, which in the case of the Gus and Chelsie Groslie, Anne Willrett and Mandy Sommer came true again this year.

But I digress.

My first column, then titled "In retrospect," came out during the season.

In the column, I painfully reminded my father that he was, in fact, 50 years old and eligible for the Senior PGA.

I then realized I had no clue what "In retrospect" meant, so while listening to a Motley Crue CD, I changed my column's name to "Live wire."

That worked on many levels, so it stuck.

My next assignment, or so I thought, was basketball.

I wasn't really thrilled about that, because I wanted hockey.

I went to my first hockey game as a fan and left as a reporter.

I showed up with a press pass thanks to Sports Editor Dave Johnson and mooched the free pop and Subway.

He saw me and said, "You know, you understand hockey and I don't, so why don't you cover hockey?"

And with that I had the job of UNO hockey pimp.

My mission: Pimp the game of hockey to all UNO students.

That night, UNO was playing Michigan State in the program's first Central Collegiate Hockey Association game.

Big game in the history, big loss in the end. The score was 6-2.

Afterward, I went to the press room and talked to a stately man with coifed silver hair.

I asked a couple stupid questions about the game as so on and thanked him.

He asked me if I was a rookie and I said yes.

He told me to study the game in the next few years and I would learn a lot more.

That man, whom I had no clue of, was Ron Mason, Michigan State's head coach and the winningest coach in college hockey history.

He is the Eddie Robinson or Joe Paterno of college hockey.

I had no clue who he was until after I talked to him.

My friend Jim Overfelt, the true hockey pimp with no writing skills, pointed out whom I had just talked to and asked me what it was like to interview a legend.

I replied, "Who, him? That's just some guy I ran into."

"No, Brian, that was Ron Mason," Jim said.

The CCHA trophy now bears Mason's name.

It was then I got nervous.

My face again got really red to the point where UNO's Coach Mike Kemp asked me if I was feeling well during the Maverick interview.

I told him that I had just talked to Mason and hadn't realized who he was until just then.

Kemp just smiled.

Live wire



Brian Brashaw

from ALIVE, page 2

still dealing with," Brooks said. "A lot of the issues the play addresses are the same issues we face now, like human acceptance."

The performance will begin at 11:30 a.m. in the Cooper Auditorium of the College of Nursing Building, near 42nd Avenue and Dewey Street. The show is free and open to the public.

The campus performance is free to the public, but Brooks said priority will be given to UNMC and UNO faculty, students and staff.

Cooper Auditorium has limited seating of about 300.

from TV, page 2

Maria Garza, multicultural affairs education specialist. "But it still has a long way to go."

It wasn't until 1989 that Oprah Winfrey became the first black woman to own her own television and film production company, Harpo Studios, Inc.

In the early 1990s, Black Entertainment Television was developed and attracted a nationwide audience with its music videos, sports and reruns of black-focused series.

from BIRD, page 3

How it looked so good? Well, this tastes like that looks."

I found my chicken burger to be rather tasty as well. It had pepper-jack cheese, guacamole, tomatoes, lettuce, crunchy tortilla strips and lime sauce smothering a huge chili-seasoned chicken breast.

The steak fries were not bad - a little on the mushy side but decently seasoned with salt.

After munching down on burgers and fries, I ordered hot apple crisp (\$5.99) for dessert. My date ordered an Absolut

Later that evening, the production will also be held at the Rose Blumkin Performing Arts Center, which is located at 20th and Farnam streets. The show will start at 8 p.m. and will be held again March 1. Admission for the production is \$20 and will benefit Nebraska's Center for Human Diversity.

Valda Boyd Ford, founder and director, established the center in 1998. The center was created in response to the need for a more organized approach to training and leadership opportunities for organizations and individuals concerned about providing good care and service to all races and cultures in Nebraska.

But more doors continue to open for African-Americans in film and television.

On March 24, 2002, actress Halle Berry became the first African-American woman to win the Academy Award for best actress for the film *Monster's Ball*.

"This was a turning point in history," Witcher said. "If she can do it, what makes you think you can't. That's the question you have to ask yourself."

Information for this article was taken from www.africana.com

Awesome Mary (\$5.49). He said his second drink was "a kick-ass Bloody Mary."

The apple crisp was massive. It came in a large bowl and had a small scoop of ice cream on top.

The dessert was all right. It was semi-flavorless and could have used at least a second scoop of vanilla ice cream.

We made it out of there with a bill of \$47.10, plus tip.

My overall evaluation of Red Robin is four out of five stars. The portions were huge, most of the food was great and the prices were reasonable.

from INVOLVED, page 2

organizations' events.

"It's a lot of fun. You get connections, leadership experience and even though it's not paid, I love it," Tsunoda said.

For students who want to get involved, there are many sororities, fraternities and special interest clubs to choose from at UNO.

Have you ever wondered where the money you pay in student fees goes?

Erin Dahl, 21, student director of SPO, had the answer: "Organizations such as

the SPO are funded through students fees so part of what we pay goes to the students' organizations."

Dahl said students need to get involved in at least one organization on campus so they are not just going to class and going back home but are actually getting to know UNO and contributing to making the campus better.

SPO plans and organizes most of the events on campus, such as the dating doctor in February and the magic show and recycle percussion group coming in March.

paralleled my own — everything from the attacks themselves to the fearful hesitance to leave the house. People knew what I was going through — it was all there, printed in black and white.

I did find out in my hours of research that a high percentage of anxiety disorders develop in people in their late teens and early 20s, often under the influence of drugs or alcohol, which amplifies the symptoms of an attack.

Although I dabbled with a few varieties of medications, I believe they served as a placebo more than anything. Eventually, I stopped taking them. I haven't had an attack in three years. Simply knowing I wasn't crazy was enough to find the strength to combat it.

So I urge you — if any of this sounds the least bit familiar, just know you're not alone and help is out there. Just because a panic attack sounds like something flippant doesn't mean it is.

For help, visit www.adaa.org or call a mental health care professional.

Josh Bashara can be contacted at manicdgression@gateway.unomaha.edu

from KIDS, page 4

Removing candy from check-out lines could help keep kids' weight down, along with minimizing fast food and maximizing exercise.

Childhood obesity is serious and leads to adult obesity. Adult obesity leads to many diseases and it robs people an average of 7.1 years of life, according to a recent Dutch study. This is as bad as smoking when it comes to life lost.

Obesity also puts a major burden on the U.S. health care system and hurts America's image.

Boycotts work wonders in America. If we got parents to boycott candy until it got moved from the check-out lines back into the aisles where it belongs, things most certainly change, because money talks more than words, ethics and morals in America.



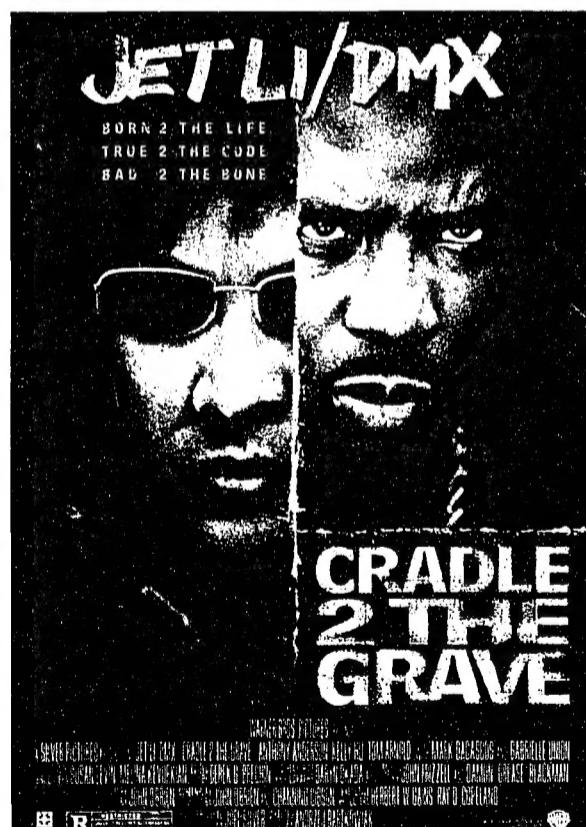
What We Have That "They" Don't

- Central Heat & Air
- 72 Cable Channels included!
- Quiet study area equipped with vending machines & FREE coffee!
- New Game Room!
- Awesome East & West views
- UTILITIES included!

ALL THIS AND MORE!!

Capitol Hill Apartments
342-1119

THE GATEWAY INVITE YOU AND A GUEST TO A SPECIAL ADVANCE SCREENING!



Stop by THE GATEWAY on campus and pick up a complimentary pass to attend a special advance screening of

CRADLE 2 THE GRAVE

at the Douglas Q Cinema 9, February 26th, 7:30 pm.

THIS FILM IS RATED "R" FOR SOME VIOLENCE, LANGUAGE AND SOME SEXUAL CONTENT.

Passes are available while supplies last on a first-come, first-served basis. One pass per person. No purchase necessary. No one under the age of 17 will be admitted without a parent or legal guardian.

IN THEATERS FRIDAY, FEBRUARY 28TH!

CAMPUS RECREATION

Men's A League Top 10
For 5x5 Basketball
as of 2/18/05
As determined by the Mav-Rec Crew
* cinched playoff spot

1. Geiger*	4.0
2. Chaos	2.1
3. Improvement*	4.0
4. Sig Ep A*	5.0
5. D-block*	5.0
6. Soldiers	5.1
7. I Hate Wayne's Team*	5.1
8. The Dirty Seven	5.1
9. Pine	2.1
10. Pike B	2.1

Comments: The tournament is near! March Madness. Intramural-Style, in only two weeks away! Not much movement in the top ten, as **Sig Ep A** and **D-Block** now move into the top five, and the rest of the teams just kind of rearrange themselves. **Improvement** shows improvement, as their "spiritual leader" returns to lead them to an impressive victory. he seemed to steer them to the win, just like a rudder. **Geiger** and **Chaos** continue on their paths to a championship game rematch, will **Geiger** repeat? Stay tuned to find out, the tournament starts March 2nd!

Men's B League Top 10
For 5x5 Basketball
as of 2/18/05
As determined by the Mav-Rec Crew
* cinched playoff spot

1. Llamas Strike Back	4.0
2. Busch Boys	4.0
3. Delta Uni	5.1
4. Hoosiers	5.0
5. The Hustlers	5.0
6. Tee-fungus	2.2
7. White Tang Clan	5.1
8. Lollipops	2.2
9. Yambor Ballers	2.1
10. X-Men	2.2

Comments: Not much movement, as the majority of teams actually showed up this week. I bet almost all of you skipped class on Monday because of the snow, but you sure made it to that important basketball game Sunday night, huh? The

tournament begins on March 2nd, and eight teams will qualify. Which eight? Your guess is as good as mine. I honestly have not seen half of these teams play, so who really knows?

Spring 2005 Open Hours for Golf/Archery Lab

- Monday
- 5 to 7 p.m.
- Tuesday
- 2 to 4 p.m. (golf only)
- Wednesday
- 5 to 7 p.m.
- Friday
- Noon to 2 p.m.

The lab is located in 250 Health, Physical Education and Recreation Building. Those interested can check out the necessary equipment. No instruction is provided. For more information, contact Dave Daniels at x3-2008.

2005 Spring Drop-in Fitness Class Schedule

Monday

Aqua Lunch
Noon to 12:45 p.m.
HPER Pool Sheryl

Step
12:10 to 1 p.m.
110 HPER Chris

YOGA
5 to 6 p.m.
251 HPER
(Dance Lab) Anne

Step
5:15 to 6 p.m.
110 HPER Lily

Kickbox Mix
7:45 to 8:30 a.m.
110 HPER Larry

W.E.T.
5:15 to 6:15 p.m.
HPER Pool Sheryl

Tuesday

Step
5:15 to 6 p.m.
110 HPER Lily

Kickbox Mix
7:45 to 8:30 a.m.
110 HPER Larry

W.E.T.
5:15 to 6:15 p.m.
HPER Pool Sheryl

Wednesday

Cardio Funk
5:15 to 6:15 p.m.
110 HPER Jennifer

Women on Weights
5:15 to 6:15 p.m.
105 HPER Julie

Basic Training
7:30 to 8:30 p.m.
250 HPER Janine

Wednesday

Kickbox
6:55 to 7:20 a.m.
110 HPER Vicki

Aqua Lunch
Noon to 12:45 p.m.
HPER Pool Sheryl

Kickbox Mix
12:10 to 1 p.m.
110 HPER Chris

Muscle Conditioning
4:15 to 5:15 p.m.
110 HPER Larry

Step 'n' Tone
5:15 to 6:15 p.m.
110 HPER Lily

Kickbox Mix
7:45 to 8:30 a.m.
110 HPER Larry

W.E.T.
5:15 to 6:15 p.m.
HPER Pool Sheryl

Basic Training
7:30 to 8:30 p.m.
250 HPER Janine

Thursday

Kickbox Mix
7:45 to 8:30 a.m.
110 HPER Larry

W.E.T.
5:15 to 6:15 p.m.
HPER Pool Sheryl

Basic Training
7:30 to 8:30 p.m.
250 HPER Janine

Friday

Office of Campus Recreation

HPER Building • Room 100
554-2539

A Unit of
Student Affairs

UNIVERSITY OF
Nebraska
Omaha

W.E.T.
Noon to 12:45 p.m.
HPER Pool Sheryl

Circuit Interval
12:10 to 1 p.m.
110 HPER Chris

Swing Dance & Latin Plus Lessons with Marty.
Two classes offered on eight Sundays.

Session 2: Sundays Mar 2, 9, 30 April 6 (note: no classes on Mar 16th and 23rd) Times: Latin Plus - 1:30-2:30pm; Swing Dance - 3:00-4:00pm
Location: HPER 250 Cost: Activity Card Holders - \$15.00 for first person, \$15.00 for friend

OVC Spring Semester Trips
- Apostle Islands Sea Kayaking
Bayfield, Wisconsin
Summer 2005
(dates and costs to be determined)

- Lake Powell Sea Kayaking
Southern Utah
Friday, March 14, through Sunday, March 25
(trip leaves Friday evening)

- Paria Canyon Backpacking
Southern Utah
Saturday, May 10, through Sunday, May 18

- Canoe Namekagon and St. Croix Canoe Trip
Wisconsin and Minnesota
Saturday, May 17, through Sunday, May 25

- Canoe Republican River Nebraska
Saturday, April 26, through Sunday, April 27

- Rock Climbing - Vedauwoo, WY
Thursday, May 22, through Monday, May 26
(trip leaves Thursday evening)

REMEMBER - CAMPUS RECREATION
ACCEPTS ALL MAJOR CREDIT CARDS
FOR ANY CAMPUS REC PURCHASE!!

CLASSIFIED ADS

NOTICES

THE COOKIE COMPANY
Here's a great part time job for students. Clean work, flexible hours, low stress, no late hours. Apply in person at Crossroads Mall.

MY GYM CHILDREN'S FITNESS CENTER

Nationally Recognized Children's Fitness Center is in search of high energy individual to fill a part time/full time lead teacher position in Omaha location. Qualified candidate has a love for children & background in gymnastics, dance, or child development. Position includes all hours and weekends. Excellent opportunity for outgoing college student...get paid to play! For consideration, call 758-9558 to set up an interview!

WANTED

Part time
Nanny/Mother's Helper Needed
For infant. Prefer previous childcare experience. Must be available M-F with a flexible schedule. Good pay and nice home setting. Call 561-6416

Day Camp Counselors Needed
The Sarpy YMCA is currently seeking applicants for the temporary full time position of day camp counselors (Camp Elkhorn & Camp Pokamoke). Qualified candidates must be a minimum of 18 years of age (State Nebraska requirements) and possess a high school diploma or GED; Bachelor's degree in progress preferred.

Activities include:
Horseback riding, skits, songs, overnight camping, swimming, biking, hiking, arts and crafts, and archery. Interested candidates should apply at the Sarpy YMCA or contact Tracy Heiman at 339-9861

CAMP KINDLE

Volunteers needed for HIV/AIDS summer camp in Nebraska. Males and Females 19+ yrs. looking to make a difference in the lives of youth infected & affected by AIDS from July 18-25, should email info@campkindle.org or call 877-350-3620. Applications are on line at www.campkindle.org

SERVICES

ONLINE FILING:
Prepare and file your taxes yourself online @ www.absolutetaxes.com for minimal fee of \$9.95 for 1040EZ and \$14.95 for 1040. Click on Online Filing and the program will walk you through your return step by step.
FREE E-FILE!!

PIANO INSTRUCTION
Experienced, caring teacher with Master's Degree. Children & adults of all ages welcome. Donna Zebolsky 991-5774

ROOMMATES WANTED

ROOMMATES WANTED DUNDEE
Looking for clean honest responsible students to share 8-bedroom house, 4815 Capitol, in beautiful Dundee! Clothes washer & dryer, fireplace, hardwood floors, security system, central air, off street parking, \$280 per month plus utilities. No pets, no smoking, deposit & references. Call Mark @ 334-5232

Roommates Wanted
Gentleman, Leader, Athlete, Scholar

Rooms available in the 2B room, 11,000 sq. ft Pike mansion. Only UNO/ Students of impeccable character need apply. Contact Bryan Clark at 402-677-1766 or via e-mail @ rushpike@yahoo.com

Share a furnished apt. with other roommates. All utilities, cable & phone paid. No deposit, no lease. \$75-\$110 a wk. Rent may be paid weekly, bi-monthly, or monthly. 271-1588

FOR RENT

Nice, large 3 bed + dormer house, 2 baths, 1 car, appliances included. Available March 1st. 1534 S. 24th St. \$695/mo. 455-2709

House for rent, 815 S. 50th St. 5 bedrooms, 2 baths, new appliances, really nice, clean, ready to be rented asap. Great for college students. Call Paul 689-2211

Apartments for rent, midtown area. Remodeled, clean, quiet, controlled access, off street parking, no smoking, no pets! Free colored TV, microwave or book allowance with years lease. Rent from someone who care about you. Call for details, Sharon Paterson, Owner 721-1031

HOUSING

APARTS., HOUSES and sleeping rms. for rent, roommate lists - call UNO off-campus Housing Referral Service at 554-2383 or stop in the Admin. Office, Milo Bail Student Center.

APARTMENTS AVAILABLE
9 Month Lease Available
417, 421-423 North 40th Street (Between Cathedral and Joslyn Castle) Large 1 and 2 Bedroom Apartments
Carpet, Central Air, All appliances Off Street Parking, Security. Lease from \$375-\$495 per month

Heat and Water Paid Belgrade Company Phone 393-6306 or Fax 393-4208

Clubs & Organizations

Zeta Phi Beta Sorority, Inc. presents Mardi Gras Party 2003 at Holiday Inn (72nd & Grover) Feb. 28th from 9pm-3am. 18+ w/ ID. \$5 before 11pm, \$7 after. Bring beads, boas, mask, etc.

ANNOUNCEMENTS

Fraternities • Sororities
Clubs • Student Groups
Earn \$1,000-\$2,000 this semester with a proven CampusFundraiser 3 hour fundraising event. Our programs make fundraising easy with no risks. Fundraising dates are filling quickly, so get with the program! It works.

Contact CampusFundraiser at (888) 923-3238, or visit www.campusfundraiser.com

Academy of Bartending Day, evening or weekend classes available. Job placement assistance our #1 priority- \$199.00 tuition with student I.D. Call Now! 1800-BARTEND www.Bartendingcollege.com

Having a difficult time?
The Community Counseling Clinic in Kaiser Hall 421 is free to students and low cost for everyone. Call 554-2727 for an appointment.

Clubs & Organizations Place Classified Ads for ONLY 25¢ a Line!! Call or Stop by the Gateway 554-2470 MBSC 115.

**Good Luck
Mavs!!**